

VERSE RESTAURANT

FELURI PRINCIPALE

SNITEL DE PUI CRISPY (250g)

(0E | 1.16g sare | 0.93g zahar)/100g

Piept de pui dezosat , **Oua bio**, **Maioneza**, **Pesmet Panko**, Lime, **FAINA**, Sare,

Valori nutritionale / 100g

Valoare energetică: 1581.68 Kj/378.03 Kcal, Grăsimi: 9.1g, Grăsimi saturate: 1.75g, Glucide: 7.24g, Zaharuri: 0.93g, Proteine: 12.71g, Sare: 1.16g

Alergeni

Oua, Mustar, Gluten

CRISPY DE PUI (250g)

(0E | 3.44g sare | 0.89g zahar)/100g

piept pui, **Oua bio**, **Maioneza**, **Pesmet Panko**, Lime, **FAINA**, Sare,

Valori nutritionale / 100g

Valoare energetică: 1614.8 Kj/385.95 Kcal, Grăsimi: 10.6g, Grăsimi saturate: 1.34g, Glucide: 8.05g, Zaharuri: 0.89g, Proteine: 13.61g, Sare: 3.44g

Alergeni

Oua, Mustar, Gluten

ARIPIOARE DE PUI CRISPY (250g)

(0E | 1.55g sare | 0.78g zahar)/100g

Aripioare pui, **Oua bio**, **Maioneza**, **Pesmet Panko**, Lime, **FAINA**, Sare,

Valori nutritionale / 100g

Valoare energetică: 1590.84 Kj/380.22 Kcal, Grăsimi: 13.85g, Grăsimi saturate: 3.61g, Glucide: 6.92g, Zaharuri: 0.78g, Proteine: 12.19g, Sare: 1.55g

Alergeni

Oua, Mustar, Gluten

CREVETI TORPEDO (200g)

(10E | 1.59g sare | 2.06g zahar)/100g

creveti torpedo, Salata bolero mix Eisberg, Sare

Valori nutritionale / 100g

Valoare energetică: 490.64 Kj/117.26 Kcal, Grăsimi: 1.18g, Grăsimi saturate: 0.52g, Glucide: 19.46g, Zaharuri: 2.06g, Proteine: 7.35g, Sare: 1.59g

Alergeni

Gluten, Crustacee, Dioxidul de sulf si sulfitii

BULETE DE BRANZA JALAPENO (200g)

(0E | 2.94g sare | 2.8g zahar)/100g

Jalapeno Murat, Jalapeño, Salata bolero mix Eisberg, Sare

Valori nutritionale / 100g

Valoare energetică: 98.84 Kj/23.62 Kcal, Grăsimi: 0.26g, Grăsimi saturate: 0.05g, Glucide: 5.45g, Zaharuri: 2.8g, Proteine: 0.91g, Sare: 2.94g

CIOLAN DE PORK CRISPY (650g)

(0E | 2.25g sare | 0.46g zahar)/100g

Ciolan de porc Stinco, Pesmet Panko, Oua bio, **FAINA**, Sare,

Valori nutritionale / 100g

Valoare energetică: 1338.05 Kj/319.8 Kcal, Grăsimi: 6.11g, Grăsimi saturate: 2.24g, Glucide: 3.16g, Zaharuri: 0.46g, Proteine: 31.29g, Sare: 2.25g

Alergeni

Gluten, Oua

PUI CU SWEET CHILLI SI SUSAN (250g)

(3E | 3.39g sare | 3.42g zahar)/100g

piept pui, Oua bio, Maioneza, Pesmet Panko, Sos Sweet Chilli, Lime, **FAINA**, susan alb, Sare,

Valori nutritionale / 100g

Valoare energetică: 1553.81 Kj/371.37 Kcal, Grăsimi: 10.01g, Grăsimi saturate: 1.27g, Glucide: 10.9g, Zaharuri: 3.42g, Proteine: 12.65g, Sare: 3.39g

Alergeni

Oua, Mustar, Gluten, Seminte de susan

SNITEL DE PESTE (250g)

(0E | 1.08g sare | 0.89g zahar)/100g

Salau, Oua bio, Maioneza, Pesmet Panko, Lime, **FAINA**, Sare

Valori nutritionale / 100g

Valoare energetică: 1536.35 Kj/367.2 Kcal, Grăsimi: 9.44g, Grăsimi saturate: 1.46g, Glucide: 7.14g, Zaharuri: 0.89g, Proteine: 12.36g, Sare: 1.08g

Alergeni

Peste, Oua, Mustar, Gluten

BOX DE PESTE (300g)

(15E | 0.44g sare | 0.86g zahar)/100g

Cartofi, **creveti torpedo**, Midii pane, **INELE CALAMAR PANE**, Salau, muslitos

Valori nutritionale / 100g

Valoare energetică: 557.43 Kj/133.23 Kcal, Grăsimi: 2.66g, Grăsimi saturate: 0.23g, Glucide: 18.58g, Zaharuri: 0.86g, Proteine: 8.41g, Sare: 0.44g

Alergeni

Gluten, Crustacee, Dioxidul de sulf si sulfitii, Moluste, Peste, Lapte, Telina, Mustar, Oua, Soia

BOX DE PUI (300g)

(2E | 0.85g sare | 1.01g zahar)/100g

Cartofi, Aripioare pui, **Crispy de pui**, **Bulete de Halapenjo**, **INELE DE CEAPA**

Valori nutritionale / 100g

Valoare energetică: 1129 Kj/269.84 Kcal, Grăsimi: 36.79g, Grăsimi saturate: 4.14g, Glucide: 9.55g, Zaharuri: 1.01g, Proteine: 8.11g, Sare: 0.85g

Alergeni

Gluten, Lapte

COASTE DE PORC BBQ (500g)

(0E | 4.8g sare | 3.09g zahar)/100g

Coaste porc intregi - Selgros, Sos Barbeque

Valori nutritionale / 100g

Valoare energetică: 856.96 Kj/204.82 Kcal, Grăsimi: 12.68g, Grăsimi saturate: 5.01g, Glucide: 4.45g, Zaharuri: 3.09g, Proteine: 18.15g, Sare: 4.8g

PULPA DE PUI LA CUPTOR (250g)

(0E | 0.6g sare | 0.87g zahar)/100g

Pulpa de pui, Ulei floarea soarelui, Sare

Valori nutritionale / 100g

Valoare energetică: 968.21 Kj/231.41 Kcal, Grăsimi: 15.8g, Grăsimi saturate: 2.34g, Glucide: 0.59g, Zaharuri: 0.87g, Proteine: 22.7g, Sare: 0.6g

PUI LA JAR (800g)

(0E | 1.06g sare | 0.06g zahar)/100g

Pui Rotisat, Ulei floarea soarelui, Sare

Valori nutritionale / 100g

Valoare energetică: 1039.43 Kj/248.43 Kcal, Grăsimi: 20.57g, Grăsimi saturate: 3.59g, Glucide: 0.26g, Zaharuri: 0.06g, Proteine: 15.66g, Sare: 1.06g

MUSCHI DE VITA CU SOS DE PIPER (250g)

(4E | 0.65g sare | 0.88g zahar)/100g

Muschi de vita Argentina, Rosii cherry, **Smantana lichida**, Piper verde, Cognac Alexandruon, Sare

Valori nutritionale / 100g

Valoare energetică: 743.38 Kj/177.67 Kcal, Grăsimi: 11.44g, Grăsimi saturate: 1.84g, Glucide: 2.29g, Zaharuri: 0.88g, Proteine: 12.53g, Sare: 0.65g

Alergeni

Lapte

CREVETI IN SOS DE UNT (250g)

(0E | 1.18g sare | 0.45g zahar)/100g

Creveti Black Tiger, Rosii cherry, **Unt 82%** , Vin alb sec, Sare

Valori nutritionale / 100g

Valoare energetică: 500.24 Kj/119.56 Kcal, Grăsimi: 7.56g, Grăsimi saturate: 4.94g, Glucide: 1.27g, Zaharuri: 0.45g, Proteine: 11.12g, Sare: 1.18g

Alergeni

Crustacee, Lapte

CARCALETE CU PUI PICANT (300g)

(0E | 0.5g sare | 0.73g zahar)/100g

Cartofi, pulpe dezosate de pui, **Oua bio**, **TELEMEA DE VACA**, Siracha, Patrunjel verde

Valori nutritionale / 100g

Valoare energetică: 623.24 Kj/148.96 Kcal, Grăsimi: 6.9g, Grăsimi saturate: 3.06g, Glucide: 10.94g, Zaharuri: 0.73g, Proteine: 10.67g, Sare: 0.5g

Alergeni

Oua, Lapte

CARCALETE CU CARNATI AFUMATI (300g)

(6E | 1.08g sare | 0.63g zahar)/100g

Cartofi, **Carnat cabanos**, **Oua bio**, **TELEMEA DE VACA**, Patrunjel verde

Valori nutritionale / 100g

Valoare energetică: 760.98 Kj/181.88 Kcal, Grăsimi: 12.3g, Grăsimi saturate: 6.95g, Glucide: 9.07g, Zaharuri: 0.63g, Proteine: 8.72g, Sare: 1.08g

Alergeni

Soia, Oua, Lapte

CARCALETE CU BACON (300g)

(0E | 1.13g sare | 0.55g zahar)/100g

Cartofi, **Bacon**, **Oua bio**, **TELEMEA DE VACA**, Patrunjel verde

Valori nutritionale / 100g

Valoare energetica: 685.11 Kj/163.75 Kcal, Grăsimi: 10.17g, Grăsimi saturate: 4.28g, Glucide: 9.34g, Zaharuri: 0.55g, Proteine: 8.72g, Sare: 1.13g

Alergeni

Lapte, Oua

CARCALETE VEGETARIAN (300g)

(0E | 0.37g sare | 1.03g zahar)/100g

Cartofi, **Oua bio**, **TELEMEA DE VACA**, Morcovi, Ceapa verde, Ciuperci, Ardei gras rosu, Patrunjel verde

Valori nutritionale / 100g

Valoare energetica: 414.11 Kj/98.97 Kcal, Grăsimi: 4.17g, Grăsimi saturate: 2.04g, Glucide: 10.45g, Zaharuri: 1.03g, Proteine: 5.23g, Sare: 0.37g

Alergeni

Oua, Lapte

CARCALETE DE RIT OCEANIC (300g)

(2E | 0.55g sare | 0.41g zahar)/100g

Cartofi, **Oua bio**, **Creveti vannamei Dayseaday**, **TELEMEA DE VACA**, **Carne scoici Dayseaday**, **Inele calamar**, Patrunjel verde

Valori nutritionale / 100g

Valoare energetica: 478.77 Kj/114.43 Kcal, Grăsimi: 4.56g, Grăsimi saturate: 2.18g, Glucide: 8.83g, Zaharuri: 0.41g, Proteine: 9g, Sare: 0.55g

Alergeni

Oua, Crustacee, Peste, Lapte, Moluste

GARNITURI

CARTOFI CU PARMEZAN,USTUROI SI PATRUNJEL (200g)

(0E | 0.95g sare | 0.43g zahar)/100g

Cartofi, **Parmezan**, Sare

Valori nutritionale / 100g

Valoare energetică: 467.78 Kj/111.8 Kcal, Grăsimi: 2.28g, Grăsimi saturate: 1.32g, Glucide: 18.65g, Zaharuri: 0.43g, Proteine: 3.91g, Sare: 0.95g

Alergeni

Lapte

CARTOFI PRAJITI (200g)

(0E | 0.85g sare | 0.22g zahar)/100g

Cartofi, Ulei palmier, Sare

Valori nutritionale / 100g

Valoare energetică: 805.86 Kj/192.61 Kcal, Grăsimi: 0.1g, Grăsimi saturate: 5.39g, Glucide: 17.76g, Zaharuri: 0.22g, Proteine: 0.94g, Sare: 0.85g

CARTOFI LA CUPTOR (200g)

(0E | 0.89g sare | 0.35g zahar)/100g

Cartofi, Ulei, Sare

Valori nutritionale / 100g

Valoare energetică: 802.68 Kj/191.85 Kcal, Grăsimi: 12.71g, Grăsimi saturate: 1.41g, Glucide: 17.75g, Zaharuri: 0.35g, Proteine: 0.97g, Sare: 0.89g

PIURE DE CARTOFI (200g)

(0E | 0.73g sare | 1.06g zahar)/100g

Cartofi, **Lapte 3,5%**, **Unt 82%**, Sare

Valori nutritionale / 100g

Valoare energetică: 643.8 Kj/153.87 Kcal, Grăsimi: 9.47g, Grăsimi saturate: 6.64g, Glucide: 15.52g, Zaharuri: 1.06g, Proteine: 1.94g, Sare: 0.73g

Alergeni

Lapte

SALATA MURATURI (200g)

(0E | 0g sare | 1.23g zahar)/100g

Gogosari, Gogonele, Castraveti

Valori nutritionale / 100g

Valoare energetică: 99.02 Kj/23.67 Kcal, Grăsimi: 0.17g, Grăsimi saturate: 0.01g, Glucide: 5.51g, Zaharuri: 1.23g, Proteine: 0.88g, Sare: 0g

CHIFLA (50g)

(1E | 1.3g sare | 0g zahar)/100g

CHIFLA

Valori nutritionale / 100g

Valoare energetică: 1154.78 Kj/276 Kcal, Grăsimi: 3.6g, Grăsimi saturate: 0.3g, Glucide: 51g, Zaharuri: 0g, Proteine: 8.7g, Sare: 1.3g

Alergeni

Gluten

BURGERI

BURGER CLASIC (300g)

(6E | 1.35g sare | 4.63g zahar)/100g

Carne burger Hutthaler, **CHIFLA BURGER**, Sos Burger, Rosii, **castraveti murati**, Salata iceberg

Valori nutritionale / 100g

Valoare energetică: 867.18 Kj/207.26 Kcal, Grăsimi: 11.91g, Grăsimi saturate: 0.56g, Glucide: 15.4g, Zaharuri: 4.63g, Proteine: 9.39g, Sare: 1.35g

Alergeni

Gluten, Mustar

CHEESEBURGER (300g)

(6E | 1.38g sare | 4.22g zahar)/100g

Carne burger Hutthaler, **CHIFLA BURGER**, Sos Burger, **Branza Cheddar**, Rosii, **castraveti murati**, Salata iceberg

Valori nutritionale / 100g

Valoare energetică: 936.68 Kj/223.87 Kcal, Grăsimi: 13.73g, Grăsimi saturate: 2.42g, Glucide: 14.01g, Zaharuri: 4.22g, Proteine: 10.9g, Sare: 1.38g

Alergeni

Gluten, Lapte, Mustar

SPICY BURGER 22 CHILLI (300g)

(6E | 1.28g sare | 4.19g zahar)/100g

Carne burger Hutthaler, **CHIFLA BURGER**, Sos Burger, **branza cheddar**, Siracha, Rosii, **castraveti murati**, Salata iceberg

Valori nutritionale / 100g

Valoare energetică: 925.48 Kj/221.19 Kcal, Grăsimi: 13.05g, Grăsimi saturate: 2.25g, Glucide: 15.35g, Zaharuri: 4.19g, Proteine: 10.23g, Sare: 1.28g

Alergeni

Gluten, Lapte, Mustar

SMASH BURGER (200g)

(6E | 1.55g sare | 5.18g zahar)/100g

Carne burger Hutthaler, **CHIFLA BURGER**, Sos Burger, **castraveti murati**

Valori nutritionale / 100g

Valoare energetică: 989.52 Kj/236.5 Kcal, Grăsimi: 13.71g, Grăsimi saturate: 0.65g, Glucide: 17.3g, Zaharuri: 5.18g, Proteine: 10.68g, Sare: 1.55g

Alergeni

Gluten, Mustar

CHICKEN BURGER (300g)

(6E | 1.26g sare | 5.95g zahar)/100g

Crispy de pui, **CHIFLA BURGER**, Sos Burger, Rosii, **castraveti murati**, Salata iceberg

Valori nutritionale / 100g

Valoare energetică: 887.8 Kj/212.19 Kcal, Grăsimi: 9.89g, Grăsimi saturate: 0.96g, Glucide: 23.41g, Zaharuri: 5.95g, Proteine: 6.51g, Sare: 1.26g

Alergeni

Gluten, Mustar

DESERTURI**PAPANASI CU SMANTANA SI DULCEATA DE AFINE (250g)**

(4E | 0.25g sare | 11.25g zahar)/100g

Branza proaspata vaca Montesinos, FAINA, Smantana , DULCEATA DE AFINE, Portocale, Zahar pudra, Lamaie, esenta rom, bicarbonat de sodiu

Valori nutritionale / 100g

Valoare energetică: 993.73 Kj/237.51 Kcal, Grăsimi: 8.75g, Grăsimi saturate: 2.46g, Glucide: 32.1g, Zaharuri: 11.25g, Proteine: 7.35g, Sare: 0.25g

Alergeni

Lapte, Gluten

PAPANASI CU SMANTANA SI DULCEATA DE CAISE (250g)

(5E | 0.25g sare | 12.2g zahar)/100g

Branza proaspata vaca Montesinos, FAINA, Smantana , dulceata de caise, Portocale, Zahar pudra, Lamaie, esenta rom, bicarbonat de sodiu

Valori nutritionale / 100g

Valoare energetică: 982.69 Kj/234.87 Kcal, Grăsimi: 8.75g, Grăsimi saturate: 2.47g, Glucide: 31.37g, Zaharuri: 12.2g, Proteine: 7.41g, Sare: 0.25g

Alergeni

Lapte, Gluten

PAPANASI CU NUTELLA (250g)

(4E | 0.26g sare | 15.82g zahar)/100g

Branza proaspata vaca Montesinos, FAINA, nutella, Portocale, Zahar pudra, Lamaie, esenta rom, bicarbonat de sodiu

Valori nutritionale / 100g

Valoare energetica: 1177.22 Kj/281.36 Kcal, Grăsimi: 11.29g, Grăsimi saturate: 2.09g, Glucide: 35.83g, Zaharuri: 15.82g, Proteine: 8.67g, Sare: 0.26g

Alergeni

Lapte, Gluten, Arahide, Soia

PAPANASI CU OREO (250g)

(4E | 0.24g sare | 15.57g zahar)/100g

Branza proaspata vaca Montesinos, FAINA, nutella, Oreo, Portocale, Zahar pudra, Lamaie, esenta rom, bicarbonat de sodiu

Valori nutritionale / 100g

Valoare energetica: 1196.88 Kj/286.06 Kcal, Grăsimi: 10.93g, Grăsimi saturate: 1.88g, Glucide: 38.08g, Zaharuri: 15.57g, Proteine: 8.44g, Sare: 0.24g

Alergeni

Lapte, Gluten, Arahide, Soia

PAPANASI DUBAI (250g)

(6E | 0.25g sare | 11.42g zahar)/100g

Branza proaspata vaca Montesinos, FAINA, CREMA FISTIC , Portocale, Kataif, Zahar pudra, Lamaie, esenta rom, bicarbonat de sodiu

Valori nutritionale / 100g

Valoare energetica: 1041.3 Kj/248.88 Kcal, Grăsimi: 10.36g, Grăsimi saturate: 3.4g, Glucide: 31.19g, Zaharuri: 11.42g, Proteine: 7.72g, Sare: 0.25g

Alergeni

Lapte, Gluten, Soia, Fructe cu coajă lemnoasă

CLATITE NUTELLA (200g)

(2E | 0.15g sare | 18.8g zahar)/100g

Lapte 3,5%, nutella, Oua bio, FAINA, ESENTA VANILIE

Valori nutritionale / 100g

Valoare energetică: 1060.08 Kj/253.36 Kcal, Grăsimi: 12.57g, Grăsimi saturate: 4.61g, Glucide: 27.78g, Zaharuri: 18.8g, Proteine: 6.63g, Sare: 0.15g

Alergeni

Lapte, Arahide, Soia, Oua, Gluten

CLATITE CU NUCI SI MIERE (200g)

(1E | 0.12g sare | 12.3g zahar)/100g

Lapte 3,5%, Oua bio, Nuci, Miere , **FAINA**, ESENTA VANILIE

Valori nutritionale / 100g

Valoare energetică: 1050.07 Kj/250.97 Kcal, Grăsimi: 15.52g, Grăsimi saturate: 2.58g, Glucide: 22.23g, Zaharuri: 12.3g, Proteine: 7.63g, Sare: 0.12g

Alergeni

Lapte, Oua, Fructe cu coajă lemnoasă, Gluten

CLATITE DUBAI (200g)

(4E | 0.16g sare | 12.05g zahar)/100g

Lapte 3,5%, CREMA FISTIC , Oua bio, Kataif, **FAINA**, ESENTA VANILIE

Valori nutritionale / 100g

Valoare energetică: 872.53 Kj/208.54 Kcal, Grăsimi: 11.07g, Grăsimi saturate: 6.27g, Glucide: 21.78g, Zaharuri: 12.05g, Proteine: 5.44g, Sare: 0.16g

Alergeni

Lapte, Oua, Soia, Gluten, Fructe cu coajă lemnoasă

SOSURI**SOS BARBEQUE (70g)**

(0E | 2.8g sare | 34g zahar)/100g

Sos Barbeque

Valori nutritionale / 100g

Valoare energetică: 681.99 Kj/163 Kcal, Grăsimi: 0.5g, Grăsimi saturate: 0.1g, Glucide: 37g, Zaharuri:

34g, Proteine: 1.6g, Sare: 2.8g

SOS MAIONEZA CU TRUFE (70g)

(0E | 1.4g sare | 0g zahar)/100g

Maioneza

Valori nutritionale / 100g

Valoare energetică: 2081.84 Kj/497.57 Kcal, Grăsimi: 49.27g, Grăsimi saturate: 5.57g, Glucide: 7.9g, Zaharuri: 0g, Proteine: 1.11g, Sare: 1.4g

Alergeni

Oua, Mustar

SOS KETCHUP (70g)

(3E | 2.1g sare | 11.1g zahar)/100g

Ketchup

Valori nutritionale / 100g

Valoare energetică: 276.14 Kj/66 Kcal, Grăsimi: 0g, Grăsimi saturate: 0g, Glucide: 16.2g, Zaharuri: 11.1g, Proteine: 0.4g, Sare: 2.1g

SOS MAIONEZA CU USTUROI (70g)

(0E | 1.29g sare | 0.29g zahar)/100g

Maioneza

Valori nutritionale / 100g

Valoare energetică: 1932.41 Kj/461.86 Kcal, Grăsimi: 45.5g, Grăsimi saturate: 5.16g, Glucide: 12g, Zaharuri: 0.29g, Proteine: 1.34g, Sare: 1.29g

Alergeni

Oua, Mustar

